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# Objectives and Program Schedule

MedBridge

*Psychosocial Considerations in the Aging Adult*

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## Chapter 1: Who's on the Senior's Team?

- *Define who should be on the senior's team.*
- *Identify the legal tools needed to care for the senior*
- *Define the roles of the team members*

Lecture and Demonstration: 14 minutes, Learning Assessment: 10 minutes

## Chapter 2: Issues that Impact Successful Aging

- *Identify the issues that will impact successful aging*
- *Discuss how the issues can affect an outcome*
- *Identify the issues that will influence retirement*
- *Discuss strategies to plan for retirement*

Lecture and Demonstration: 12 minutes, Learning Assessment: 10 minutes

## Chapter 3: Emotional Impact

- *Identify the emotions that impact of aging*
- *Discuss possible solutions to avoiding a negative emotional impact*
- *Identify the roles of family/ caregivers in easing the emotional impact of a transition*

Lecture and Demonstration: 6 minutes, Learning Assessment: 10 minutes

**Total Time: 1.0 hours**