
Learning Objectives

MedBridge
Lower Extremity Inhibitory Casting (Fabrication)
Vicente Cavalida, PT, C/NDT

Course Objectives:

Upon completion of this course, learners will be able to:

- List five general principles of inhibitory casting.
- Compare and contrast the types of casts available and rationale for selection.
- Identify eight basic materials needed to fabricate a short leg cast.
- Utilize the twelve steps involved in fabricating a short leg cast.
- Describe to patients and caregivers how to care for a cast.
- Identify the then basic materials needed to remove and bivalve a short leg cast.
- Apply the nine steps involved to remove a short leg cast.
- Use the four steps involved to bivalve a short leg cast.
- Provide accurate patient/caregiver educational material.