

# **Learning Objectives**

## MedBridge

Shoulder Fractures, Little League Shoulder, and Sprengel Deformity Lenny Macrina, MSPT, SCS, CSCS

#### **Chapter 1: Little League Shoulder**

- Define Little League Shoulder, including evaluation and treatment
- Outline an evidence based rehabilitation program to best return the athlete back to sport
- Present common cases and discuss the best course of action for each case

### **Chapter 2: Sprengel Deformity**

- Define Sprengel Deformity, including evaluation and treatment
- Outline an evidence based rehabilitation program to best return the athlete back to sport
- Present common cases and discuss the best course of action for each case

#### **Chapter 3: Shoulder Fractures**

- Define humeral, scapular, and clavicle fractures
- Present common cases and discuss the best course of action for each case
- Outline a rehabilitation program designed to safely and systematically return the patient to their maximal functional capacity