

# **Objectives and Program Schedule**

MedBridge Pharmacologic Treatment of Diabetes Barbara Gladson, PT, OT, PhD

#### **Chapter 1: Overview of Diabetes**

Chapter objectives

- o List the functions of the Autonomic Nervous System
- o Describe the anatomy of the Autonomic Nervous System
- o Describe the role of adrenergic and muscarinic receptors in controlling blood pressure
- Identify the functions of adrenergic and cholinergic agonists and antagonists

### **Chapter 2: Insulin**

Chapter objectives

- o Identify tissue targets for antihypertensive drugs
- Explain the mechanism of action & of diuretics, beta blockers, calcium channel blockers, ACE inhibitors and ACE receptor blockers in controlling blood pressure

## **Chapter 3: Insulin and Exercise**

Chapter objectives

- Identify red flags associated with antihypertensives and identify activities that can minimize these effects
- Compare and contrast JNC 7 with JNC 8
- o Identify exercises that complement antihypertensive drugs

Lecture and Demonstration: 100 minutes, Learning Assessment: 30 minutes

#### **Total Time: 2.2 hours**