



Learning Objectives

MedBridge in Collaboration with GSO

Hip Fracture Part C: Acute Care Management

Sandy Sheldon, PT, GTC

Upon completion of this course, participants will:

Chapter 1: Acute Care Physical Therapy

- Understand the importance of educating patients about pain control, early mobility on the affected leg, and safety when moving around, in order to facilitate the best discharge destination after acute care.
- Cognize the role of exercise at this stage of recovery, and how certain devices can help substitute for weakened hip muscles. This will facilitate independence in the patient who is recovering from hip fracture surgery in acute care.
- Acknowledge the role that physical therapy has in determining discharge destination based on the patients presenting function, as well as their past medical history, post op complications, cognitive status, and whether there is assist at home upon discharge.