
Learning Objectives

MedBridge Education Inc.

Management and Treatment of Hip Injuries Part B

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Upon completion of this course, learners will be able to:

- Describe the precautions and timelines for biological healing versus non-biological healing
- Review progression of mobilizations to restore full ROM post operatively
- Review appropriate timelines for progression of hip strengthening post operatively
- Review post-operative precautions for return to sport and timelines relevant to various procedures
- Demonstrate the Selective Functional Movement Assessment (SFMA) and its use in post-operative hip rehabilitation/progression
- Describe functional and sport specific testing relevant to the hip
- Describe outcome measures used in hip assessment and rehabilitation