
Learning Objectives

MedBridge

Hospice and Palliative Care: Conversations at the Bedside

Rich Briggs, PT, MA

Chapter 1: Introduction: Cognitive Reframing

- Recognize limits of patient and family understanding and acceptance
- Identify overall hospice and palliative care goals
- Utilize primary observation and listening skills
- Implement transitional conversation in appropriate patient care situations

Chapter 2: Issue of Physical and Functional Mobility - Medical Conditions

- Provide practical disease process education to patient and family
- Affirm maximal patient aerobic and anaerobic efforts
- Discern variable life course trajectories
- Give voice to what is occurring

Chapter 3: Issue of Physical and Functional Mobility - Beyond Disease

- Recognize the lack of control over physical disease process and honor best effort
- Describe the decision making process for patient-centered end-of-life care

Chapter 4: Psychosocial and Spiritual Concerns

- Recognize signs of Near Death Awareness
- Differentiate body, mind, and spirit issues in patient communications
- Provide opportunities and offer permission for letting go of activities
- Utilize appropriate life closure and anticipatory grieving practices
- Model saying goodbye in patient/family communication