

Course Description

This is the second course in a series by Dr. Wheeler, following Challenges of Community Reintegration Following Traumatic Brain Injury. This course outlines key aspects of the therapy process during rehabilitation of executive cognitive functions following TBI. While established protocols and approaches to treating many components are outlined in the literature, these are best accomplished when in the context of a therapeutic relationship and client-centered program. Participants of this course will learn ways to establish this context within individual and group interventions to maximize functional outcomes and the transition from the hospital setting to the home and community.

Learning Objectives

Chapter 1 – Therapeutic Relationship Building to Facilitate Functional Recovery

The participant will:

- Describe the roles of the interdisciplinary team in the TBI rehabilitation process
- Identify the components of the “Whatever it Takes” approach to TBI rehabilitation
- Discuss the impact of impaired self-awareness on the TBI rehabilitation process

Chapter 2 – Task Progression to Facilitate Self-Awareness and Change

The participant will:

- Identify some of the key challenges to establishing a therapeutic relationship with client’s having impaired awareness of deficits
- Describe strategies for establishing therapeutic rapport and therapeutic relationships during the TBI rehabilitation process
- Discuss strategies to manage and overcome awareness deficit during the TBI rehabilitation process

Chapter 3 – Strategies to Facilitate Social and Community Participation

The participant will:

- Describe the role of goal setting in the rehabilitation process following TBI
- Describe the value of group activities to promote social participation during the TBI rehabilitation process
- Appreciate the role of the family and caregivers during the TBI rehabilitation process

Chapter 4 – Question and Answer Session

- Q&A session to discuss content of chapters 1 – 3