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# Learning Objectives

MedBridge Education

*Dementia: Therapist's Guide to Behavioral Management*

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## Course Objectives

The participant will:

- Identify how environmental press may underlie negative and positive behavior in people with dementia
- Describe the application of the Sensory Processing Theory to people with dementia
- Describe the concept of Tailored Activity Programs and the outcomes of using them with people with dementia
- Develop a Tailored Activity Program for a case example informed by Sensory Processing Theory
- Highlight simple and system-based environmental modifications that may decrease negative behaviors and increase positive moods

## Chapter 1: Overview of Behavior

In the first chapter of this course, Dr. Carrie Ciro identifies how environmental press may underlie negative and positive behavior in people with dementia. She discusses how rehabilitation therapists can address triggers to negative behaviors in people with dementia.

## Chapter 2: Matching the Sensory Environment to Sensory Processing Style

Dr. Ciro describes the application of the Sensory Processing Theory to people with dementia. Participants will learn to differentiate the four categories of sensory processing and apply them to specific behaviors in dementia.

## Chapter 3: Maximizing Performance in Meaningful Activity

In this chapter, Dr. Ciro describes the relationship between negative behavior and loss of ability to perform meaningful activities. Participants will consider how to gather goals for meaningful activities and review features of rehab training that are successful in improving performance in meaningful activity.

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## **Chapter 4: Tailored Activity Programs**

Participants will learn the concept of Tailored Activity Programs and the outcomes of using them with people with dementia. Dr. Ciro guides the participant in the development of a Tailored Activity Program for a case example informed by Sensory Processing Theory.

## **Chapter 5: Snoezelen Environments**

In this chapter, Dr. Ciro defines the concept of a Snoezelen room in a facility or home-based environment. Participants will study the evidence for reducing negative behavior or increasing positive behavior. Dr Ciro provides best practice guidelines for a case example informed by Sensory Processing Theory.

## **Chapter 6: Alternative Therapies to Decrease Agitation**

Dr. Ciro defines alternative therapies to reduce agitation or negative behavior, such as aromatherapy, music therapy and massage. Participants will compare and contrast the evidence for each therapy. Participants will consider best practice guidelines for a case informed by Sensory Processing Theory.

## **Chapter 7: Environmental Modification to Decrease Agitation**

This chapter highlights simple and system-based environmental modifications that may decrease negative behaviors and increase positive moods. Dr. Ciro provides best practice guidelines for use of these modifications informed by Sensory Processing Theory where applicable.