
Learning Objectives

MedBridge Education
Treatment Approaches to UES Disorders
Michael Groher, PhD, F-ASHA

Course Objectives

- The participant should be able to differentiate between the various types, and indications for, treating disorders of the esophageal sphincter including biofeedback, dilation, botulinum injections and myotomy
- The participant should be able to distinguish between those patients who might require the interventions of a speech-language pathologist, and those interventions of a medical specialist

Chapter 1: Behavioral Treatments

In this chapter, Dr. Groher introduces participants to behavioral treatments for poor hyoid mechanics, including the hard swallow, Mendelsohn's maneuver, and the Shaker Maneuver. Participants will learn how prepare a patient for therapy, the importance of biofeedback for motor learning unfamiliar movements, and other exercise treatments.

Chapter 2: Medical Treatments

This chapter differentiates between the various types, and indications for, treating disorders of the esophageal sphincter, with a focus on medical treatments. Participants of this course will learn to distinguish between those patients who might require the interventions of a speech-language pathologist and those who might require interventions of a medical specialist.