

Learning Objectives

MedBridge

Top 10 Drug Classes to Understand With Adult and Geriatric Patients

Lisa Milliken, MA, CCC-SLP, FNAP, CDP, RAC-CT

Upon completion of this course, learners will be able to

- Analyze factors contributing to polypharmacy, pharmacodynamics, pharmacokinetics, and the aging process to mitigate potential adverse effects of medications
- Distinguish practical components of medications that act on the central nervous system as well as factors to know about antihistamines, analgesics, antibiotics, and bronchodilators to optimally monitor their positive and adverse effects
- Examine current evidence-based factors regarding proton pump inhibitors, hormones, statins, antidiabetics, and antihypertensives, including drug–drug interactions and precautions to optimize plans of care
- Implement tools and resources for medication reconciliation and deprescribing principles, including collaboration with team members and the application to their respective plans of care for improved clinical outcomes