

## **Learning Objectives**

## MedBridge Applications of Sound and Movement for an Integrative OT Practice Kelly Beins, BHSc, OTR/L, SI

Upon completion of this course, learners will be able to

- Apply principles of polyvagal theory, sensory integrative processing, neuroplasticity, and neurodevelopment through use of sound and movement in assessment and in treatment sessions
- Analyze existing cases and treatment plans to incorporate auditory and vestibular adaptations or modifications in order to support clients in achieving the just-right fit and highest-level occupational performance during treatment sessions
- Determine reimbursable treatment goals that prioritize relationships in order to engage caregivers more effectively and promote tracking of meaningful outcomes for clients
- Encourage occupational performance in natural settings, using sound and movement to establish realistic, more effective home programs with caregivers
- Synthesize indicators of client and caregiver readiness in order to select and adapt the type(s) of auditory intervention most suitable for promoting client occupational performance outside the treatment setting