



Learning Objectives

MedBridge

The Athletic Cervical and Thoracic Spine Exam: A Systematic Approach

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Upon completion of this course, learners will be able to

- Assess athletes for cervical and thoracic spine pain
- Determine when athletes should be referred for radiography based on the Canadian Cervical Spine Rule
- Determine how to classify a patient with neck pain into one of four diagnostic categories
- Detect the presence of viscerosomatic referred pain in the thoracic spine
- Formulate a movement-oriented exam for the cervical and thoracic spine in athletes
- Interpret the results of a functional exam to arrive at an appropriate diagnosis through a live case