

## **Learning Objectives**

MedBridge

Heart Failure: Partnering With Patients to Promote Independence

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## **Course Objectives**

Upon completion of this course, learners will be able to

- Choose interventions that promote self-management with education and patient buy-in
- Determine a patient's stability to engage in physical activity and establish a measurable baseline
- Plan a treatment program tailored to heart failure patients using an appropriate prescription