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# Learning Objectives

MedBridge

*The Other Ligaments: Multiple Ligament Injury and Treatment*

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## Course Objectives

Upon completion of this course, learners will be able to

- Determine the importance of injury mechanisms in relation to individual characteristics associated with ligament injury and evaluation
- Assess the surgical and nonsurgical approaches to management and surgical timing and/or staging
- Build appropriate exercise progressions to facilitate the redevelopment of function after ligament injury with nonsurgical or surgical repair or reconstruction
- Manage the appropriate time frames for exercise progressions in relation to true return-to-play parameters following injury and/or surgery