Learning Objectives

MedBridge

Pelvic Floor in the Postpartum Patient: Evaluation and Treatment Rachel Kilgore, DPT, OCS, COMT, PRPC, PPCES

Course Objectives

Upon completion of this course, learners will be able to

- Determine perineal injuries in the pelvic floor associated with vaginal birth
- Determine common clinical presentations for pelvic floor muscle (PFM) dysfunction in a postpartum patient
- Construct an efficient evaluation plan to screen for PFM dysfunction in a postpartum patient using subjective and objective assessment
- Select specific treatments for a postpartum patient with PFM dysfunction to complete at home