
Learning Objectives

MedBridge

Preoperative Pain Neuroscience Education for Knees and Shoulders

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Course Objectives

Upon completion of this course, learners will be able to

- Recognize how central sensitization is present in people with knee pain, especially knee OA
- Develop an understanding of the preoperative pain neuroscience education content for knee replacements
- Identify the results related to preoperative pain neuroscience education for patients undergoing knee surgery
- Recognize next steps associated with preoperative pain neuroscience education in orthopedics