

## **Learning Objectives**

MedBridge
Patient Activation: Post-Acute Care
Mark D. Valenti, BA
Brittany M. Wilson, BSN, RN

## **Course Objectives**

Upon completion of this course, learners will be able to

- Describe the post-acute care environment and examine the impact on emotional health of the patient
- Identify the connection between post-acute care and patient activation
- Recognize the application of behavior change triangle elements (Knowledge, Importance, Confidence) as they apply to motivation
- Examine specific scenarios that demonstrate provider influence on patient behavior in a post-acute care environment
- Analyze provider and patient dialogue and appraise the connection to MI and post-acute care
- Evaluate patient vignettes related to post-acute care and propose the most relevant, MI-based approach
- Extrapolate an MI approach to multiple scenarios