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# Learning Objectives

MedBridge

*Complete Runner: Subjective Exam and Training Analysis*

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## Course Objectives:

- Identify 12 of the most commonly recognized injuries and their typical histories under the broad categories of The Muscle Tendon unit (MTU), articular segment, nerve, and fascia
- Demonstrate how to take a comprehensive history by using the complete running evaluation template
- Understand the use of quick-scan safety questions in order to prioritize, where needed, further imaging, medical referral, or modifications of the examination
- Demonstrate how to balance biomechanical, functional, and pain-centered approaches
- Recognize clinical examples of typical patient narratives and how they shape the subsequent physical exam