
Learning Objectives

MedBridge

IASTM: An Introduction to the Upper Quarter

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Course Objectives

- Provide the history of IASTM, which will allow clinicians to know the role of IASTM in upper quarter rehab
- Learn and discuss the four generally accepted modes of IASTM application
- Review histology and current upper quarter research to allow clinicians the basis to integrate IASTM into their practice
- Review the pros and cons of instrument build to allow clinicians to choose the best instrument for treating in the upper quarter
- Demonstrate lab techniques for the upper quarter in order to improve the skill opportunity for interested clinicians