
Learning Objectives

MedBridge

Pelvic Pain Applications in Rehabilitation (Recorded Webinar)

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Course Objectives

Upon completion of this course, learners will be able to

- Recognize the foundational components of pelvic anatomy and function for treating patients with pelvic pain
- Identify five common functional complaints of a person who has pelvic pain
- Formulate at least three options for sitting support, and recall calming strategies, such as deep breathing, to ease pelvic pain
- Recall instructions for gentle stretches for the trunk, pelvis, and lower extremities that are often involved in contributing to pelvic pain
- Recall methods for quick screening and identifying patients who are appropriate for referral to pelvic pain provider specialists