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## Learning Objectives

MedBridge

*Hormonal Adjuvant Therapy and Its Impact on Function*

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### Course Objectives:

Upon completion of this course, learners will be able to:

- Identify the commonly used hormonal agents, their mechanisms of action, and side effects that impact both short- and long-term function
- Recognize the role of rehabilitation services in mitigating the impact of hormonal therapy side effects on function
- Understand the evidence for rehabilitation interventions, their timing, and type of therapeutic exercises and activities recommended for optimal management
- Develop awareness of rehabilitation strategies for screening and assessment at ongoing intervals through the duration of hormonal therapy use