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## Learning Objectives

MedBridge

*Treating Aging Adults With Genetic Causes of I/DD: Down Syndrome & ASD*

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### Course Objectives:

- Describe at least five common medical, neuromuscular, cardiovascular, cognitive, and sensory changes that occur in those with Down Syndrome
- Describe the importance of and methods of early screening for dementia in those with Down Syndrome and other genetic problems
- Identify at least three factors that influences physical activity and function in those aging with autism
- Integrate medical, musculoskeletal, cognitive, behavioral, and sensory considerations to develop a plan to maintain/increase physical activity and function in those with I/DD due to genetic causes