
Learning Objectives

MedBridge

Recorded Webinar: The Hip & Pelvis: A Global Systems Approach

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Course Objectives:

Upon completion of this course, learners will be able to:

- Appreciate the concept of a global systems approach vs. a linear reductionist model to rehabilitating the hip and pelvis
- Accurately define the “top-down” and the “bottom-up” method of evaluating and prescribing therapeutic exercises for the hip and pelvis
- Apply a global systems approach to the manual evaluation of the hip
- Effectively create a hip and pelvis exercise utilizing the global systems approach and apply the exercise to a current patient with a hip related pathology