
Learning Objectives

MedBridge

Implementing Prehab: Laying Groundwork to Maximize Value

Megan Pfarr, DPT, CLT

Course Objectives:

Upon completion of this course, learners will be able to:

- Define prehab for both internal and external stakeholders
- Identify intended outcomes and how to create supportive, valid content
- Delineate the difference of prehab and wellness
- List opportunities to facilitate prehab to impactful patient populations
- Outline additional program considerations such as community partners and ongoing competency