

Learning Objectives

MedBridge

Mental Health and Autism Spectrum Disorder: Intervention Approaches

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Course Objectives:

- Identify and describe common pharmacological and psychological intervention approaches to managing symptoms of various mental illnesses.
- Identify and describe occupational therapy approaches to supporting symptom management, psychosocial health, and occupational functioning among persons with ASD.
- Articulate the value of integrating strength-based practices within OT treatment in order to support mental health and well-being among persons with ASD.
- Articulate opportunities to implement universal approaches to supporting positive mental health among persons with ASD in everyday OT practice.