
Learning Objectives

MedBridge

Nutrition, Hydration and Dysphagia: Strategies for Care Transitions

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Course Objectives:

- Recognize the impact of hydration on a person's recovery
- Analyze the impact of self-feeding and independence
- Discuss the national and international dysphagia diets
- Describe roles and responsibilities of patients and caregivers in mixing correct liquid consistencies
- Strategize how to transition care to patients and families prior to discharge