
Learning Objectives

MedBridge

Tobacco Cessation: Someone Else is Doing it, Right?

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Course Objectives:

Upon completion of this course, learners will be able to:

- Highlight current tobacco use trends, quit attempts, quit success, and retention of Healthy People 2020 goals to improve clinician awareness of this under-addressed public health problem
- Identify current trends and disparities in screening, counseling, and referral for tobacco cessation services to assist in targeting of high-risk populations
- Describe the negative impacts of smoking and benefits of cessation on body systems to improve the clinician's ability to provide personalized education within the wide-reaching clinical environments of physical therapy practice
- Describe and model a proven methodology for addressing tobacco use, interest in cessation, an approach to counseling, and follow-up care to improve effectiveness of tobacco cessation in clinical practice
- Outline a strategy for identifying barriers to quitting, understanding withdrawal, and addressing relapse to improve the clinician's ability to support a quit attempt and improve chances of successful cessation