

Learning Objectives

MedBridge

Assessment and Treatment of Anxiety Disorders Among Older Adults

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Course Objectives:

- Using a case-based approach, describe the unique presentation following common anxiety disorders among older adults: generalized anxiety disorder, panic disorder, anxiety due to a medical condition or medication, and phobias
- Identify challenges to accurate assessment and effective strategies for screening and comprehensive assessment of anxiety among older adults in community and long-term care settings
- Discuss nonpharmacological and pharmacological treatment strategies for anxiety disorders among older adults