

Learning Objectives

MedBridge

Considerations for Myofascial Release Techniques in the Treatment of Voice Disorders

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Course Objectives:

- Describe the origins and evolution of MFR
- Discuss varied terminology and meaning of MFR
- Designate fascia and how it may contribute to fascial pain
- Evaluate specific fascial restrictions for voice and swallowing disordered clients
- Assess the differences in touch and application of MFR compared to other manual therapy techniques
- Apply the demonstrated MFR techniques with appropriate application and basic skill