

# Learning Objectives

MedBridge

*Role Changes and Psychosocial Considerations in Rehabilitation*

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## Course Objectives:

- Review roles and relationships influencing the psychosocial health of the rehabilitation patient.
- Analyze the effect of role facilitators, role alterations and barriers on psychosocial health.
- Use relevant nursing assessment and interventions related to common disorders including:
  - Anxiety
  - Depressive disorders
  - Bipolar disorders
  - Substance and addictive disorders
  - Post-traumatic stress disorder (PTSD)
- Appraise applicable theory and evidence to psychosocial health conditions.
- Identify common theories that impact psychosocial health patterns.
- Define effective assessment strategies that promote psychosocial wellness.
- Recognize tools used to assess psychosocial health.
- Compare nursing interventions and strategies to minimize the effects of recognized psychosocial disorders and to promote wellness.