

## **Learning Objectives**

MedBridge

*Overview of Orthopedic Rehabilitation Nursing*

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### **Course Objectives:**

- Identify 5 risk factors for osteoporosis.
- Discuss the pathophysiology of osteoporosis.
- Outline 5 implications of a patient's osteoporosis for the rehabilitation nurse.
- Compare and contrast osteoarthritis and rheumatoid arthritis.
- Delineate the 3 most important nursing interventions for the patient with arthritis.
- Compare and contrast the risk factors, causes, post-op restrictions, and anticipated outcomes for hip fracture surgery and hip replacement surgery.
- Discuss potential complications in the rehabilitation setting for hip fracture and hip replacement surgery patients.
- Outline nursing interventions to prevent complications for the hip surgery patient.
- Discuss the connection between knee replacement surgery and osteoarthritis.
- Identify a key nursing intervention designed to prevent hip flexion contracture in the patient with a new lower limb amputation.
- Recognize the connection between hip flexion contractures and the potential for ambulation.