## **Learning Objectives**

MedBridge Management of Orthopedic Edemas Linda T. Miller, PT, DPT, CLT

## **Course Objectives:**

- Summarize normal tissue fluid homeostastasis and the impact that trauma has on tissue fluid dynamics.
- Differentiate what happens at the tissue cellular level in response to trauma at various points in the healing process.
- Identify which specific edema management technique impact specific components of edema formation.
- Describe the three manual edema resorption strokes and the purpose of each technique.
- Describe the components of a comprehensive orthopedic edema evaluation.
- Identify which treatment techniques would best be applied based on evaluative findings.