

## Learning Objectives

MedBridge

*Rehabilitation of the Post-Operative Breast Cancer Patient: Special Considerations*

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### Course Objectives:

- Discuss the prevalence and incidence of breast cancer in the US and the impact that treatment consequences can impact survivors.
- Describe the purpose of the axillary dissection and the post-operative morbidities observed.
- Identify and implement appropriate rehabilitative strategies to manage post-operative cording.
- Distinguish between cording-related edema and lymphedema and construct a treatment plan based on that distinction.
- Recognize short and long term muscle deficits and postural changes that can result from the axillary dissection.
- Develop an effective exercise program to address these specific problems.
- Summarize the various breast cancer reconstruction options.
- Identify the possible functional deficits associated with each.
- Articulate the components of a thorough clinical assessment following breast reconstruction.
- Formulate an effective treatment program that addresses possible deficits following various reconstruction procedures.