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# Learning Objectives

MedBridge

*Management of Bowel and Bladder in Rehabilitation Nursing*

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## Course Objectives:

Upon completion of this course, learners will be able to:

- Recognize normal bladder anatomy and physiology
- Contrast three types neurogenic bladder function: uninhibited, areflexic, and reflexic
- Describe the physiology and treatment for autonomic dysreflexia
- Describe normal bowel function in terms of preventing constipation
- Compare three types of neurogenic bowel function: uninhibited, areflexic, and reflexic

## Chapter 1: Management of Bladder Elimination

This chapter presents normal micturition patterns and several major types of neurogenic bladder function commonly seen in rehabilitation. Strategies to recall symptoms of and interventions for each type of bladder function are discussed.

## Chapter 2: Management of Bowel Elimination

This chapter focuses on management of bowel elimination, including three major types of neurogenic bowel function. Strategies, both pharmacological and nonpharmacological, to prevent constipation and fecal incontinence are discussed.