
Learning Objectives

MedBridge

Interventions for Challenging Behavior for Pediatric Therapists

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Course Objectives:

Upon completion of this course, learners will be able to:

- Understand three primary approaches to addressing challenging behaviors in pediatric therapy clients, including preventing challenging behavior, promoting positive behavior, and intervening when challenging behavior already exists
- Have knowledge of both general principles and specific strategies for each of these three approaches
- Develop an increased repertoire of strategies to implement in practice when addressing challenging behaviors

Chapter 1: Introduction to Intervention Concepts

This chapter lays the foundation for the rest of the course and highlights important considerations about changing behavior that must be addressed before beginning an intervention program.

Chapter 2: Preventing Challenging Behaviors

This chapter describes the importance of establishing a context that prevents challenging behaviors from emerging. Strategies to accomplish this aim are identified and described, enabling participants to customize and implement them in their own practice settings.

Chapter 3: Promoting Positive Behavior

This chapter describes the importance of intentionally establishing a context that supports positive behaviors. Strategies to accomplish this aim are identified and described, enabling participants to customize and implement them in their own practice settings.

Chapter 4: Intervening for Persistent Challenging Behavior

Existing and persistent challenging behaviors can be particularly difficult to modify. This chapter addresses strategies for approaching more extreme behaviors and those that are well-established. Strategies are identified and described, as are the principles of behavior management that must be considered when designing and implementing programs to modify behavior.