

Course Objectives

MedBridge

Training Gait in Parkinson's Disease: Strategies, Devices, and Guidelines

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Course Objectives:

1. List one key focus point of gait training for the early, middle, and mid-late stages of the disease.
2. Describe 2 ways to challenge someone with YOPD during their gait training.
3. List 1 strategy for managing FOG with walking through doorways.
4. Explain how attention impacts a person with PD's ability to dual task.
5. Discuss how turns can lead to FOG and/or falls.