

Learning Objectives

MedBridge

The Functional Manual Therapy® Approach to the Pelvic Girdle

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Course Objectives:

- Demonstrate a three part assessment of a complex patient with pelvic girdle dysfunction, including gathering case history, a subjective report from the patient, and an objective evaluation incorporating mechanical tests
- Demonstration a FMT functional mobilization evaluation and treatment techniques for the pelvic girdle
- Demonstrate techniques for managing neuromuscular and motor control impairments of the coccyx, sacrum, and innominates

Chapter 1: Assessment

The first chapter of this course features a three-part breakdown of the assessment of a complex patient, focusing on his case history, subjective report, and an objective evaluation incorporating specific and functional mechanical tests.

Chapter 2: Treatment

This chapter focuses on Functional Mobilization evaluation and treatment techniques directed at the pelvic girdle. Gregg Johnson demonstrates FMT approach for the management the mechanical, neuromuscular and motor control impairments of the coccyx, sacrum, and innominates.

Chapter 3: Re-assessment and Postural Training

This chapter demonstrates a brief re-assessment of the patient, incorporating the same tests (with split screen shots of before and after) from the assessment phase in chapter two to demonstrate the patient's progress.

Chapter 4: Interview of Gregg Johnson by Ryan Johnson

In the final chapter of this course, Ryan Johnson interviews Gregg Johnson to gather further insights into the strategies utilized to care for the patient presented in this series.