

Learning Objectives

MedBridge

Transition to Adulthood: Helping Families and Individuals with Developmental Disabilities

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Course Objectives:

- Explain the ICF model and its application to aging issues with individuals with developmental delays.
- Describe changes (physiological, emotional, mental) which occur with normal aging and how these changes may impact individuals with developmental disabilities.
- Define typical characteristics of older people who have developmental disabilities.
- Define considerations physical therapists must consider during assessment and management of older individuals with developmental disabilities.
- Discuss family issues specific to living with an elderly child with developmental disabilities.
- Discuss aging issues which are unique to individuals with Down syndrome.
- Discuss how improved fitness levels may help moderate aging in individuals with Down syndrome.
- Explain how treating young children with Down syndrome may impact function when they age.
- Identify the specific musculoskeletal issues individuals address as they get older.
- Discuss how specific aging related impairments impact participation in everyday activities.
- Identify potential intervention strategies for children with cerebral palsy which may prevent secondary impairments, activity limitations, and participation restrictions which might occur as an individual with cerebral palsy ages.