

Learning Objectives

MedBridge

Food Selectivity: The Pivotal Role of Parent Education

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Course Objectives:

- Articulate the reasons parent education and home programming are essential for effective treatment of food selectivity.
- Gain proficiency in instructing caregivers in key topics that facilitate positive change in the family mealtime culture.
- Understand a systematic method for teaching caregivers to introduce new foods to their child during the everyday occupation of eating.

Chapter 1: Importance of the Home Program

- Articulate the importance of parent education and a home program that provides families with a just right challenge.
- Learn how to provide education related to sensory processing and some general principles for facilitating successful changes in the child's mealtime behavior at home.
- Gain insight into home program tools and a systematic progression of feeding and eating skills in the home environment.

Chapter 2: Case Reviews

- Discover the progression of food acceptance for a child with food selectivity who is typically developing.
- Learn how to adapt this multi-component treatment protocol for a child who is non-verbal and has severe autism.
- Articulate treatment modifications necessary for an adolescent with high functioning ASD.