

Learning Objectives

MedBridge

Food Selectivity: Causes & Consequences in Children with Autism

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Course Objectives:

- Identify children with food selectivity using objective criteria and discuss the prevalence in children with developmental disabilities.
- Understand the potential causes of food selectivity and connect cause to clinical presentation.
- Advocate for food selectivity treatment in children with developmental disabilities based on an understanding of the health threatening and quality of life consequences of this disorder.

Chapter 1: Food Selectivity and the Consequences

- Understand objective criteria for identification of children with food selectivity.
- Discuss key components of food selectivity including limited food repertoire and restricted and repetitive patterns of eating.
- Describe the prevalence of food selectivity in children who are typically developing and in those with developmental disabilities.
- Identify the health and quality of life consequences for children who have restricted dietary repertoires.

Chapter 2: Causes of Food Selectivity

- Describe the relationship between sensory processing disorder and food selectivity.
- Understand how restrictive and repetitive behaviors influence the foods children with food selectivity choose to eat.
- Describe the impact of gastro-intestinal disorders, oral motor challenges, and other issues on mealtime behavior.