
Learning Objectives

MedBridge

Treatment of the Patient with Temporomandibular Disorders and Headache
Anne Harrison, PT, PhD

Course Objectives

- *Detail best practices, informed by evidence and interprofessional standards, for developing physical therapy plans of care for patients with TMD and/or other common orofacial pain disorders seen by the general physical therapist practitioner.*
- *Describe the roles of the members of the interprofessional team in managing the care of the patient with TMD and other common orofacial pain disorders.*

Chapter 1: Introduction, Care for Patients with Sensitization

- *Understand that patients with orofacial pain are vulnerable to central and peripheral sensitization processes.*
- *Recognize the need to help the patient with orofacial pain prevent and/or manage central and peripheral sensitization.*
- *Learn key principles of management of central sensitization processes through education based on addressing key domains of the neuromatrix of pain.*

Chapter 2: Management of Masticatory Muscle Disorders

- *Describe the evidence for interventions of therapeutic education, exercise, modalities, manual therapy, and/or dry needling for people with masticatory muscle disorders.*
- *Understand the importance of treating the cervical spine as indicated in people with masticatory muscle disorders.*

Chapter 3: Management of Joint Disorders

- *Describe key decision making factors in developing a plan of care for people with joint disorders, including factors related to disc disorders and mobility issues.*
- *Describe the evidence for interventions related to education, therapeutic exercise, modalities, and manual therapy for people with joint disorders.*
- *Understand the role of orofacial pain specialists outside of the physical therapy profession in the plan of care for people with joint disorders.*

Chapter 4: Case Study

- *Discuss treatment approaches to address the evaluation and diagnostic classification for Ms. Chavez.*