

Learning Objectives

Course Description, Objectives and Program Schedule

MedBridge

Resonant Voice Therapy: Generalizing the Balanced Voice

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Course Description:

Resonant Voice Therapy (RVT) involves training voice-disordered individuals to produce voice in an easier, more resonant manner. Resonant voice, sometimes referred to as forward focus, describes a voice associated with increased vibratory sensations in the midfacial region. The objective of this approach is to achieve the strongest possible voice with the least effort and impact stress between the vocal folds to minimize the likelihood of injury. This course is designed to introduce the rationale behind the use of a prescriptive RVT program including the historical development and precision of execution. Course participants will learn to precisely apply the exercise techniques with their population of voice disordered patients.

Course objectives:

Upon completing this course, participants will be able to:

- describe the development of RVT.
- perform RVT proficiently.
- teach RVT to patients.
- administer a RVT program.