

Learning Objectives

MedBridge

Examination of the Patient with Knee Osteoarthritis

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Course Objectives:

- Demonstrate the ability to combine clinical reasoning and information from the patient interview to plan, prioritize, and execute a comprehensive well-tolerated manual examination
- Prioritize and plan the examination of specific structures and body regions
- Use the assessment of SINSS to determine the appropriate vigor of the examination procedures and examining the prioritized structures or movements consistent with the determinations
- Use the examination information and clinical reasoning to differentiate between potential origins of symptoms and prioritize structures and movements for treatment
- Examine other potentially involved body regions such as the lumbar spine, hip, or foot

Chapter 1: Examination of the Knee OA Patient

The first chapter of this course introduces the participant to manual examination principles and clinical reasoning concepts, and then introduces specific manual techniques including examining knee extension, knee flexion, and tibiofemoral rotation.

Chapter 2: Examination of the Knee OA Patient Part 2

This chapter continues instruction in specific manual examination techniques. Techniques described in this chapter include manual examination of patellofemoral glides, proximal tibiofibular motion, and quadriceps and hamstring length.

Chapter 3: Case Example

In the final chapter of this course, Gail Deyle applies concepts from the course in a patient case example, and demonstrates key examination principles and techniques relevant to the example patient.