

# Learning Objectives

MedBridge

*Pain Peculiarities in Everyday Life*

Adriaan Louw, PT, PhD

## Course Objectives:

Upon completion of this course, learners will be able to:

- Recall the data on headaches in children and adolescents, including gender differences.
- List events that are associated with decreased pain sensitivity, as well as events associated with increased pain sensitivity later in life.
- Describe potential audiences and environments for therapeutic neuroscience education for kids.
- Describe the negative impacts of long-term work absence on workers and their families.
- Categorize risk factors as strong versus moderate predictors of disability and chronicity.
- Apply principles of TNE to the workplace, including advocating for preemptive TNE for workers and taking TNE to industry.
- Describe the relationship between pain and depression.
- Define neuroticism and articulate its role in the development of chronic pain.
- Identify opportunities to interrupt fear-avoidance cycles and intervene through screening and education.
- List reasons that patients with socioeconomic disadvantages are at increased risk of pain.
- Describe SED occupational factors in the genesis of chronic pain.
- Implement strategies to effectively integrate TNE into the treatment of chronic pain patients with affected by socioeconomic disadvantage.