

## **Learning Objectives**

MedBridge
Social and Cultural Constructs of Pain
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## **Course Objectives:**

Upon completion of this course, learners will be able to:

- Recall evidence from the literature for the protective function of good social connections and the risk of poor social connections as related to chronic pain.
- Describe the effect of empathy on the neural responses of brain circuitry and empathy's role in interacting with people in pain.
- List five strategies they can apply to facilitate healthy social interactions for their patients with chronic pain.
- Compare and contrast stoic and emotive patients in terms of their expression of pain experiences.
- Articulate the limitations of language to convey pain experiences.
- List strategies to improve their cross-cultural communication regarding pain.
- Cite evidence for a genetic component to various diagnoses pertaining to chronic musculoskeletal pain.
- Describe the role of parental modeling, catastrophizing and enabling in the genesis of chronic pain in children/adolescents.
- Outline a strategy in which to engage parents in explaining pain to kids.