

## **Learning Objectives**

MedBridge

Care of the Rheumatoid Arthritic Hand

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## **Course Objectives:**

- List three common hand deformities specific to rheumatoid arthritis
- Identify two specific orthoses for the rheumatoid arthritic hand that have been reported in the literature as effective treatment options
- Report the outcomes have improved as a result of instruction in joint protection principles
- Recognize which physical agent modalities currently have the most support in the literature for treatment of the rheumatoid arthritic hand